**JT CARE HOMES LTD**

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**ISSUE NO. 39 AUTUMN 2017**

**RESIDENT’S NEWS**

**HELLO’S**

A warm welcome to Mary at Brooklands. Also to Kathleen at Brooklands, Neil at Fairmont and Jane at Oxford House who have come to stay with us for a short while. We hope you all settle into your new surroundings.

**BIRTHDAY ANNOUNCEMENTS**

John (BR) on 2nd July Kathleen (OX) on 28th August

Richard (BR) on 6th July Jane (OX) on 4th September

Roger (OX) on 10th July Veronica (FM) on 7th September

Bill (FM) on 11th July May (OX) on 11th September

Celia (FM) on 14th July Mark (FM) on 18th September

Pat (BR) on 16th July Marie (BR) on 23rd September

Olive (BR) on 31st July Esther (OX) on 26th September

Neil (FM) on 4th August Katie (BR) on 28th September

Dulcie (OX) on 17th August

**HAPPY BIRTHDAY TO EVERYONE**

**ACTIVITIES**

**REGULAR ACTIVITIES AT ALL HOMES**

* Hairdresser weekly at all homes
* Aromatherapy with Mary at Fairmont
* Exercises and games with Margaret 2 times per week
* Holy communion weekly
* Fortnightly reflexology at Fairmont
* Weekly movie night and takeaway at Fairmont
* Film afternoons at Oxford House/Brooklands
* Chiropodist visits regularly

**BROOKLANDS**

Daily papers / magazines

Tea party for JL birthday

Weekly nail painting

Movie afternoons on Sunday

Tennis on TV for Mena, Tom, Katie, Richard

Weekly activities with Margaret

Chair football

Cadley School performed their Disney show

Dominoes with Diane

Exercises with Margaret on Fridays

Chiropodist visits

Phantom Winger for lunch - Marie, Ada, Connie, Edna, Ellen, Pat, Olive, Bill, Doreen

Books donated to Doreen and Jean

Marion to Southport

Pat and Marie singing to music

Katie and Richard out for lunch

Poppy and Jacks nursery visited

Games in the lounge (hoopla)

Shopping and lunch at Sainsbury's - Mena, Kath L and Katie

4 in a row game - Pat Wynn Ellen and Bert

Summer fair (tombola, bbq, face paints, cake stall, raffle, hook a duck, sponge throwing, ice cream) and buffet tea - all residents and families

Regular Holy Communion - Mena, Richard, Joan C, Wynn

Katie visited her daughter

JL out to town

Reminiscing - Marie, Wynn, Pat, Marion, Doreen and Ellen

Higher and lower games - Tom Pat Marion and Kath Riley

Marie went to Fairmont to use tilting bath with Rachel Walmsley

Apetito taster day - all residents

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**OXFORD HOUSE**

July Activities

Chiropodist 15/07/17

Dominoes

Reminiscence Afternoons

Karaoke Sing-a-Longs

Sat out when weather permitted

EP – Out to church with family on weekly basis

RM – Out for tea with Janet

MH – Out with Claire to do baking at home

Visitors on a daily basis for majority of residents

August Activities

Skittles

Pamper Afternoons (nails cut/filed and nail varnish applied),

Sing-a-Longs

Memory Game – Questions and Answers

Reminiscence Afternoons

04/08/17 - Chiropodist

05/08/17 – 1/5 Duo

13/08/17 – Jackie came in with children to see residents/residents sat outside with drinks and ice-creams.

22/08/17 – Blackpool Zoo Trip - Residents MC, DC, RM, BG AND EG, CD.  Staff – Sharon A, Sharon G, Sam, Sarah with Liam and Luke, Hollie with Darcie and RM’s wife Janet

27/08/17 – KM party tea with family in dining room for birthday

EP – out to church with family on weekly basis

DM – out to Costa Coffee

Residents sat out when weather permitted

Visitors on a daily basis for majority of residents

September Activities

Memory Game

Snakes and Ladders

Eye Spy

Sing-a-Longs

Pamper Afternoons – Hand Massages, Nails cut and filed, Nail varnish applied

14/09/17 – Old Time Songs and Dancing

18/09/17 – SD Holy Communion

19/09/17 – DM out for lunch

20/09/17 – MH out with daughters

22/09/17 – Chiropodist

MH out with daughters

EB out for coffee with daughter

CD out to town with Sarah

JB started Jigsaw with Sam

MH – out to Lytham for Fish and Chips with daughter

EP – out with family to church on weekly basis

DM – out to Costa Coffee

JB – out for lunch with daughter

Visitors on a daily basis for majority of residents

**FAIRMONT**

**July Activities**

A few of our residents have been shopping and out for meals to Preston Docks

Movie days and nights with nibbles

We have had pet therapy. Donna’s husband Michael brought our dogs Brandy and Bailey in to see the residents.

On the 4th of July staff and residents dressed up in red white and blue and enjoyed line dancing with Bev

The 7th July brought a country and western day. We dressed up cowboy style and had a singer in

We had strawberries and cream for Wimbledon

Debbie’s son went out to buy Mark an I-pad and set it up for him he loves listening to films and music

Bowling on the WII with the residents

CELIA went out for lunch with Susan and Michelle for her birthday

We have sat out in the garden and had ice creams

Craig skyped his dad and sister in Kent

Jimmy Hall has been out to visit his sister.

Michael has been shopping to Asda

Eric has been out for coffee and cake

Bill went out to sisters for lunch

**August Activities**

Movie days/nights with nibbles

Ladies have had their nails painted

Jack went the cinema with son to watch Dunkirk

Celia Bill Jean and Veronica went to watch Footloose at the Guild Hall with Donna and Margo.

Veronica, Celia, Bill and Susan visited Blackpool Zoo with Donna and Brenda

We had a summer raffle

Spent lots of time outside in the sun with ice creams

Eric, Jack and Peggy went back in time to the Lytham 1940s weekend with Charlotte, Brenda and Donna who all dressed as land girls

**September Activities**

Bill went out shopping with his sister and out for lunch

Marks 50th birthday rock and roll bash with singer Tommy Jones followed by cake and tea

Lots of family visiting

Veronica face timed her daughter and grandson on her birthday

**IMROVEMENTS AROUND THE HOMES**

6 monthly inspection & test of fire alarms & emergency lighting by ACE security at all 3 homes

Annual test and inspection of all fire extinguishers by EMBETER at all 3 homes

**BROOKLANDS**

Tree work carried out by NJD Tree Services

4 Vertical blinds fitted by Poppy Blinds

11 Bedroom, small lounge, main lounge, corridor & dining room carpets professionally cleaned by Leyland Cleaning Services

Remove old dining room carpet and replace with new Polysafe flooring fitted by Carpet & Flooring Solutions

New desktop PC & new printer for office supplied by Genesis IT & Telecommunications Ltd

3 vertical blinds fitted by Poppy Blinds

Lounge and entrance hall carpets professionally cleaned by Leyland Cleaning Services

Burlodge hostess trolley serviced by Burlodge Ltd

Food store & garage re-roofed by Harold Burrow

**FAIRMONT**

New Polysafe flooring fitted in room 8 by Carpet & Flooring Solutions

Treework carried out by NJD Tree Services

Extraction of flood water and carpets professionally cleaned by Leyland Cleaning Services

Moving and cleaning of fish tank by McMillans Aquariums

New Polysafe flooring fitted in room 10 by Carpet & Flooring Solutions

New console table for entrance hall supplied by Barons

**OXFORD HOUSE**

Remove old entrance carpet and fit new larger matting by Carpet & Flooring Solutions

14 bedroom, lounge, dining room, main corridor, inner corridor stairs & landing carpets all professionally cleaning by Leyland Cleaning Services

Collection & disposal of confidential waste by Safe Waste SHredding

Repairs to Baxi boiler and test by The James Mercer Group

Lounge, dining room, small lounge, corridor and 11 bedroom carpets professionally cleaning by Leyland Cleaning Services

**GOODBYES**

Farewell to Chris and James who left in August and also to Michael who left in September all were residents from Fairmont. Marjorie from Oxford House passed away on 23rd July. William passed away on 18th August and Edna passed away on 24th September, both were residents at Brooklands. Joyce from Fairmont passed away on 19th September.

We would like to extend our deepest sympathies to all of their families and friends.

**STAFF NEWS**

We have welcomed a new handyman Kevin to the Company. We also have a new Senior carer at The Brooklands Nikki, 2 night care assistants Katie and Lauren at Fairmont and new carers Nicola, Jenna, Leanne at Oxford. In addition we have a new chef Martin at Oxford House. We welcome them all to the Company.

**STAFF TRAINING**

**Training News July 2017 – September 2017**

July 2017

* The Level 2 and Level 3 Health and Social Care Diploma continued to be delivered to staff in house by Runshaw College.
* Our Managers continued working towards their Level 5 Diploma in Leadership and Management in Health and Social Care with Runshaw College.
* 3 members of staff completed MUST Nutritional Screening Tool Training.
* 5 members of staff attended a seminar run by a CQC Inspector covering best practice around Valid Consent, the Mental Capacity Act and DNACPR instructions.
* 3 staff from Oxford House attended their second session of a ‘React to Red’ Pressure Ulcer Prevention Training programme.
* Staff completed a total of 15 E Learning Courses as induction or refresher training in the following areas: Hand Hygiene, Mental Capacity Act and Deprivation of Liberty Safeguards, Challenging Behaviour, Safe Administration of Medication and Basic First Aid.
* 5 staff completed Moving and Handling Training as part of their induction or refresher training.
* One member of staff completed a Level 2 Award in Food Safety and Hygiene for Catering.
* Two members of staff achieved the Care Certificate as part of their company induction.

August 2017

* The Level 2, Level 3 Diplomas in Health and Social Care were delivered in house by Runshaw College.
* Our Managers continued working towards their Level 5 Diploma in Leadership and Management in Health and Social Care with Runshaw College.
* Anita Watson from Lancashire Infection Prevention and Control Team came to each of our homes to talk to staff about an initiative called the Hi 5 Hydration Research Project that we are taking part in. This project will run alongside the Hydration Toolkit for Care Home that we are already using. It aims to reduce antibiotic usage (and help combat antibiotic resistance) by increasing hydration and opportunities for hydration in care homes.
* Staff completed a total of 6 E Learning Courses as induction or refresher training in the following areas: Hand Hygiene, Mental Capacity Act and Deprivation of Liberty Safeguards, Challenging Behaviour, Safe Administration of Medication and Fire Safety.
* One member of staff achieved the Care Certificate as part of their company induction.

September 2017

* The Level 2, Level 3 Diplomas in Health and Social Care were delivered in house by Runshaw College.
* Our Managers continued working towards their Level 5 Diploma in Leadership and Management in Health and Social Care with Runshaw College.
* 5 members of staff completed Moving and Handling Training as part of their company induction or refresher training.
* One of our company Safeguarding Champions attended a one day Safeguarding Champion Forum.
* Staff completed a total of 9 E Learning Courses as induction or refresher training in the following areas: Hand Hygiene, Mental Capacity Act and Deprivation of Liberty Safeguards Training and Safe Administration of Medication.
* One member of staff completed a Level 2 Award in Food Safety and Hygiene for Catering.
* 1 member of staff successfully achieved their Care Certificate.

**LOOKING AHEAD**

We have some exciting new initiatives being introduced in the coming months, including the introduction of electronic care records. In October we have the Virtual Dementia Bus visiting Fairmont for 2 days; all staff will be taking part in this immersive dementia experience. We do have a couple of vacant slots available so if we have any family members who would like to take part in the experience this can be arranged for a fee of £35. Please speak to one of our home managers if this is of interest.

We are also bringing in some expert activity guidance in the form of OOMPH Wellness. This is an organisation who will help our staff to make everyday happenings into highlights and assist with activity planning and delivery. More information on this initiative will become available as and when it is introduced to each home.

**DIRECTORS BLOG**

It always amazes me just how much we achieve in a 3 month period!

Our staff have been working hard to ensure that our residents have the best quality of life with lots of outings and activities to enrich their daily lives. We are sure that residents benefit greatly from being given opportunities to engage in meaningful activities, which is the reason why we have signed up with the OOMPH Wellness programme. OOMPH stands for “Our Organisation Makes People Happy” and we will have activity teams within all our homes all under the expert guidance of our OOMPH trainer Lisa.

In addition we are trying to focus on improving the functionality of our buildings to improve everyday life for our residents. You will notice over the coming months that we will be changing floor coverings, lighting, taps etc keeping health and safety paramount in our minds. These improvements will take time and we ask you to bear with us throughout this period.

Obviously we are now approaching Halloween and the festive season which are always busy times for us. Please keep your eyes on our notice boards for upcoming events; we appreciate your support. If there is anything we are not doing that you think would enhance the lives of our residents please do not hesitate to let us know.